



Community Resource List

Department of Health & Human Services
Municipality of Anchorage, Alaska



:Listings by Category:

*The following is for your information and is not an endorsement, nor is it all-inclusive.
Please see the alphabetical listing for more information.*

Food/Emergency Food

Abbott Loop Church	349-2005
Bean's Café	274-9595
Crisis Center	272-1255
Eagle River Food Pantry	694-5228
FISH	277-0818
Food Bank (referrals)	272-3663
Food Shelf	248-8463
Food Stamps	269-6599
Kid's Kitchen	274-8522
Or	529-7903
Lutheran Social Services	243-0316
St. Francis House	276-5590
Salvation Army	277-2593

WIC

Eagle River	694-2131
EAFB	580-2150
Fort Richardson	384-2033
L Street	343-4668
AK Regional Medical Plaza	343-4500
Providence Medical Center	261-4932

Childcare/Emergency Childcare

Camp Fire	279-3551
Cares For Kids	276-8511
Child Care Assistance	343-6700
Child Care Connection	563-1966
Boys and Girls Club	248-5437
Head Start/Kids Corps	272-0133
SCF Head Start	729-6100

Substance Abuse & Treatment Programs

Akeela	561-5266
Arc of Anchorage Outpatient Only	277-6677
Clitheroe	276-2898
Ernie Turner Center	793-3200
Genesis Recovery Services	243-5130
Intervention Helpline	272-1174
Narcotic Drug Treatment Center (Center for Drug Problems)	276-6430

Treatment Centers Continued

Providence Breakthrough	562-7325
Reflections	276-2898
RITE, Inc.	562-7483
Starting Point	562-6116
Stepping Stones	569-0097

Shelter/Emergency Shelter

Abbott Loop Church	349-9641
Anchorage Rescue Mission	563-5603
AWAIC—information line	279-9581
Crisis Line	272-0100
Beyond Shelter Program	277-2554
Booth Home	279-0522
Brother Francis Shelter	277-1731
Clare House	563-4545
Covenant House	272-1255
McKinnell House	276-1609
Passage House	333-2023

Heating/Weather Proofing

Energy Assistance	269-5777
Weatherization	343-4881

Financial Assistance

Denali Kid Care	269-6529
ATAP (Public Assistance)	269-6599
Human Services Safety Links	343-4694
American Red Cross	646-5400
Child Care Assistance	343-6700

Exercise For the Family

APU	564-8314
Boys and Girls Club	248-5437
Challenge Alaska	344-7399
Elmendorf Youth Activities	552-2266
Fort Rich. Youth Services	384-1508
YMCA	563-3211

Eagle River Resources

CCS Early Learning Center	688-2660
Eagle River Food Pantry	694-5228
Eagle River Job Center	694-6904
Eagle River Public Assistance	694-7006
FOCUS	688-0282
Heart to Heart Pregnancy & Family Resource Center	694-1747
WIC	694-2131

Breastfeeding Education/Equipment

Alaska Breastfeeding Coalition	337-5245
Cradle Club at AK Regional	264-1773
La Leche League International	644-0555
Lake Otis Pharmacy	563-7878
Northstar Lactation Services	337-5245
WIC - see page 1 for local office phone numbers	

Health Care Information/Support

ACCESS Alaska	248-4777
Alaska Health Care Clinic	279-3500
Alaska Health Fair, INC.	278-0234
Alaska Info Line	1-800-478-2221
AK Native Medical Center	563-2662
Alzheimer's Resource Agency of Alaska	561-3313
American Cancer Society	277-8696
American Diabetes Assoc.	272-1424
American Heart Assoc.	263-2044
American Lung Assoc.	276-5864
Anchorage Neighborhood Health Center	
Midtown	257-4600
Mtn. View	792-2300
Anchorage Project Access	339-8746
Arc of Anchorage	277-6677
Center for Loss of Multiple Births	222-5321
Compassionate Friends	273-5409
Cuddler's Group	261-3062
Early Intervention Services	742-2655
FOCUS	688-0282
Grandfamilies Network Project	522-9866
Hospice of Anchorage	561-5322
Immunizations	343-4799
Infant Learning Program	269-4000
Interpersonal Violence Prevention	343-6302
Lupus Foundation AK Chapter	338-6332
Mabel T. Caverly Senior Center	276-1496
Make a Wish Foundation	258-9474
March of Dimes Birth Defects Foundation	276-4111
Muscular Dystrophy Association	276-2131
National Multiple Sclerosis Society	563-1115
Baby Connection	261-3666

Health Care Information/Support Cont.

North Star Behavioral Health	258-7575
	1-800-478-7575
Parents Reaching Out	273-5409
Planned Parenthood	563-2229
Programs for Infants and Children, Inc.	561-8060
Providence Family Practice	562-9229
Ready Care	258-3498
Reproductive Health Clinic	343-4623
Rural Alaska Community Action Program	279-2511
Tuberculosis Clinic	343-4799
Twins/Multiples Club	743-8474

Prescriptions (Emergency)

Salvation Army	277-2593
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Dental Care

ANHC	257-4661
Mountain View Health Clinic	792-2300
UAA Dental Hygiene	786-6960

Legal/Immigration/Refugee Services

ACLU of Alaska Foundation	276-2258
Alaska Legal Services	272-9431
Disability Law Center of Alaska	565-1002
Refugee Assistance & Immigration Services	222-7359

Classes/Training

ACCESS Alaska	248-4777
AK Center for the Blind	248-7770
AK Cntr for the Environment	274-3621
AK Community Share	258-4576
AK Public Interest Research Group	278-3661
American Red Cross (CPR)	646-5400
Anchorage Job Center	269-6414
Anchorage Literacy Project	337-1981
Anchorage Youth Court	274-5986
Assets, Inc (Employees Only)	279-6617
Big Brothers/Big Sisters	278-2621
Booth Family Services	279-0522
Challenge Alaska	344-7399
Child Care Connection	563-1966
Consumer Credit Counseling	279-6501
Crossroads Teen Program	742-2424
Ed. Opportunity Center	274-5522
EFNEP	786-6308
Family Literacy	332-0681

Classes & Training Continued:

Foster Grandparents	276-6472
Girl Scouts of America	248-2250
Identity, Inc.	929-4528
Job Corps	562-6200
Older Person's Action Group	276-1059
Muldoon Job Center	269-0000
YWCA of Anchorage	644-9600

Counseling

AK Baptist Family Services	349-2222
Alaska Children's Services	346-2101
Alaska Counseling Svc	276-2978
AK Women's Resource Ctr.	276-0528
Alaska Youth and Parent	243-6541
Al-Anon	276-6646
Alcoholics Anonymous	272-2312
Anch. Community Mental Health Services	563-1000
Arc of Anchorage	277-6677
AWAIC	279-9581
Dena A Coy	729-5070
Denali Family Services	274-8281
Four A's	263-2050
Reflections	276-2898
Southcentral Foundation	729-2500
Standing Together Against Rape (STAR)	276-7273
Victims for Justice	278-0977
Vol. of America of Alaska	279-9634

Baby Equipment/Clothing

Abbott Loop Church	349-9641
AK Women's Resource Ctr.	279-5000
Birthright	279-3645
Bishop's Attic	279-6328
Crisis Pregnancy Center	
Boniface	337-9292
Once Upon A Child	562-8777
Value Village	
Boniface	337-2184
Dimond	522-9090

Car Seats/Car Seat Safety Checks

AK Injury Prevention Center	929-3939
Southcentral Foundation	729-2689

Housing Assistance

Abbott Loop Church	349-9641
Transition for Men Only	
AK Housing Finance Corp	330-6100
Anchorage Neighborhood Housing Services	677-8490
Brother Francis Shelter	277-1731
Clare House	563-4545
Covenant House	272-1255
Four A's	263-2050
Human Services Safety Links	343-6589
Lutheran Social Services	272-0643
McKinnell House	276-1609
Passage House	333-2023

Smoking Cessation

Alaska Lung Association	276-5864
Alaska Tobacco Quit Line	1-888-842-7848
Providence Alaska Medical Center	261-3664

Transportation

Lutheran Social Services	272-0643
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Pregnancy Testing/Prenatal Counseling

Alaska Native Medical Center	729-3100
Anchorage Neighborhood Health Center	257-4600
Birthright	276-3645
Booth Home	279-0522
Catholic Social Services	276-5590
Crisis Pregnancy Center	
Boniface	337-9292
Planned Parenthood	563-2229
Providence Family Practice	562-9229
Reproductive Health Clinic	343-4623

Miscellaneous Resources

Alaska 211	1-800-478-2221
Identity, Inc.	929-4528
Interpersonal Violence Prevention	343-6302
Office of Children's Services	269-4000
Out North	279-8099
Rural Alaska Community Action Program	279-2511
United Way of Anchorage	263-3820

Alphabetical Listing

Abbott Loop Community Church

2626 Abbott Road 349-9641/349-2005
Provides food, clothing, and house wares.
Also provides a 'Transitional Living Program' for men only.
<http://www.abbottloop.org/>

ACCESS Alaska 248-4777

Provides independent living services for people who experience a disability.
<http://www.accessalaska.org>

Alaska Baptist Family Services 349-2222

Residential care, counseling, and foster home placement for emotionally disturbed children.

Alaska Center for the Blind 248-7770

Provides quality rehabilitation and training to persons who are blind and/or visually impaired, so that they may reach their highest level of independence.
<http://www.alaskabvi.org>

Alaska Center for the Environment

Alaska based, leading grassroots organization dedicated to promoting recycling, clean air and water, bike trails, forest and wildlife conservation and environmental education for children and adults. 247-3621
<http://www.akcenter.org>

ACLU of Alaska Foundation 276-2258

Provides public education on civil liberties issues and provides legal and advocacy services for people in Alaska whose constitutional rights have been violated.
<http://www.akclu.org>

Alaska Children's Services 346-2101

Residential care, and counseling for abused and emotionally disturbed children.
<http://www.acs.ak.org>

Alaska Community Share 258-4576

A coalition of innovative Alaska-based social, educational, arts, health and environmental non-profits committed to solving the root causes of problems in our Alaskan communities.
<http://www.alaskacommunityshare.org>

Alaska Counseling Services 276-2978

2600 Denali St # 606
Provides counseling services, call for more information.

Alaska Health Care Clinic

3600 Minnesota Drive 279-3500
Physical exams and general medical care for adults and children. Provided by physicians assistants and nurse practitioners.

Alaska Health Fair, INC. 278-0234

Health screening programs and outreach to promote healthy living.
<http://www.healthfair.ak.org>

Alaska Housing & Finance Corp 330-6100

624 W. International Airport Road
Subsidized housing for low income Families. Public Housing Section 8.
<http://www.ahfc.state.ak.us>

Alaska 211 1-800-478-2221

Statewide resource information
Available M-F 8:30 a.m. to 5:00 p.m. and closed on holidays.

Alaska Injury Prevention Center

3701 E. Tudor Ste. 105 929-3939
Car seat check. Call first.
<http://www.alaska-ipc.org>

Alaska Legal Services

1016 W. 6th Avenue #200 272-9431
Provides legal advice and representation to help resolve the serious legal problems of low-income Alaskans.
<http://www.alsc-law.org>

Alaska Lung Association 276-5864

500 W. International Airport Road Ste. A
Provides information on how to quit smoking, as well as an online quit smoking class. <http://www.aklung.org>

Alaska Native Medical Center

4315 Diplomacy Drive 563-2662
Provides comprehensive medical care to Alaska Natives & American Indians who live in Alaska. <http://www.anmc.org/>

APU (Alaska Pacific University)

4101 University Dr. 564-8314
Offers child swimming classes, starting at 3 1/2 years. Parent/child classes available for infants starting at 6 months. Call for info.
<http://www.alaskapacific.edu>

Alaska Public Interest Research Group

A non-profit, non-partisan, citizen oriented, statewide membership organization researching, educating and advocating on behalf of the public interest. Also the home of the Alaska Injured Workers Alliance.
<http://www.akpirg.org> 278-3661

AK Tobacco Control Alliance

a statewide organization that works to create conditions in Alaska to be tobacco-free
Alaska Quit Line: 1-888-842-QUIT
AK Tobacco Control 907-450-2453
<http://www.alaskatca.org>

AK Women's Resource Center

610 C Street #2A 276-0528
Crisis intervention counseling, referrals to other resources in the community, diapers, baby formula, some baby clothes and infant car seats (if available). Provides a domestic violence program, as well as substance abuse treatment programs.
<http://www.awrconline.org/>

Alaska Youth And Parent Foundation

3745 Community Park Loop. Ste. 202
Family and individual counseling, and shelter. Sliding fee scale, Denali Kidcare, and Medicaid. 243-9504/243-6541
<http://www.aypf.ak.org/>

Al-Anon 262-6646

Support group for those with friends or family with drug or alcohol problems.
<http://www.al-anon.ak.org>

Alzheimer's Resource Agency of Alaska

Providing information, education, referral, respite, care coordination and advocacy for those caring for persons with Alzheimer's Disease and related disorders.
<http://www.alzalaska.org> 561-3313

American Cancer Society

1057 W. Fireweed Lane Ste. 204
Provides cancer information and support groups. Helps individuals with cancer find financial assistance.
<http://www.cancer.org> 277-8696

American Diabetes Association

Education, referral and support services dedicated to diabetes prevention and cure.
<http://www.diabetes.org> 272-1424

American Heart Association 263-2044

Programs to reduce disability and death from heart disease and stroke.
<http://www.americanheart.org>

American Lung Association 276-5864

Provides lung health and clean air programs. <http://www.lungusa.org>

American Red Cross 646-5400

235 E. 8th (after a disaster)
Assists disaster affected families with emergency food, shelter and clothing. Also provides CPR and first aid classes.
<http://alaska.redcross.org>

Anchorage Job Center

400 Gambell 269-6414
Assists individuals in finding jobs. Provides job training, and short-term childcare. Call for information.
<http://www.jobs.state.ak.us>

Anchorage Literacy Project

1345 Rudakof Circle #104 337-1981
Provides English classes. Minimal charge for scholarships for low-income families. Call for information.
<http://www.anchorageliteracyproject.org>

Alcoholics Anonymous 272-2312

An Anonymous, voluntary 12-step program for alcoholics to attain and maintain sobriety.
<http://www.anchorageaa.org/>

<p><u>Anchorage Neighborhood Health Center</u> 1217 E. 10th Avenue (Fairview) 3521 Mtn. View Drive (Mtn. View) Health Care for families and individuals on a sliding fee scale. Medicaid and Denali Kidcare accepted. Dental and WIC services. http://www.anhc.org/</p> <p>Fairview 257-4600 Mtn. View 792-2300</p>	<p><u>ASSETS, INC.</u> 279-6617 Creates opportunities for people experiencing developmental disabilities or mental illness through employment and supported living assistance. http://www.assetsinc.org</p>
<p><u>Anchorage Neighborhood Housing</u> 480 West Tudor Road 677-8490 Provides loans to low income families to purchase homes, and also has grants available to the elderly. Call for more information. http://www.akanhs.org/</p>	<p><u>AWAIC</u> 100 West 13th Avenue Provides a safe place for women and their children involved in domestic violence. Counseling and support groups. Call for information. http://www.awaic.org/</p> <p>Crisis Line 272-0100 Information Line 279-9581</p>
<p><u>Anchorage Project Access</u> 339-8746 1805 Academy Dr. Ste 102 Aims to increase access to healthcare for low-income, uninsured community members by using volunteer networks that create the necessary services for those in need. http://www.anchorageprojectaccess.org</p>	<p><u>Baby Connection</u> Providence Hosp Maternity Ctr 261-3666 Labor & delivery, mother & baby unit, Pediatrics, etc</p>
<p><u>Anchorage Rescue Mission</u> 2823 East Tudor Road 563-5603 Provides shelter, food, and clothing to men and women. http://www.anchoragerescue.org</p>	<p><u>Bean's Café</u> 1101 East 3rd Avenue 274-9595 Provides meals and referrals to other resources in the community. http://www.beans.ak.org</p>
<p><u>Anchorage Youth Court</u> 274-5986 Trains grades 7-12 to prosecute, defend and judge juvenile offenders to deter further criminal behavior. http://www.ayc.ak.org</p>	<p><u>Big Brother/Big Sisters of Anchorage</u> Adults and teen volunteers provide children and youth support and guidance through school-based and community-based mentoring programs. 278-2621 http://www.bbbs-anchorage.org</p>
<p><u>Arc of Anchorage</u> 277-6677 The Arc of Anchorage is a private, not-for-profit organization dedicated to promoting community integration and quality of life for children and adults who experience developmental disabilities, behavioral health issues, or deafness. http://www.arc-anchorage.org</p>	<p><u>Birthright</u> 3721 E. 20th Avenue 276-3645 Provides pregnancy testing, counseling, and abortion alternatives, as well as maternity clothing, baby clothing, baby furniture, formula, diapers, and breast pumps when available. http://www.birthright.org</p>
<p><u>Armed Services YMCA of Alaska</u> Provides social and recreational programs focusing on junior enlisted military personnel and their families. http://www.asymca.ak.org 552-9622</p>	<p><u>Bishop's Attic</u> 1100 Gambell 279-6328 Used infant and baby clothing, toys, books, furniture, as well as adult clothing for sale.</p>

Clare House 563-4545
Secured emergency shelter for women with children, pregnant women, women 50 or over, and sometimes single women.
http://www.cssalaska.org/clare_house.php

Compassionate Friends 273-5409
Support group for parents and families for the loss of a child of any age.
Contact Barb Stephl for more information.

Consumer Credit Counseling
208 E. 4th Avenue 279-6501
Education and counseling to individuals and families on personal money management and other financial concerns.

Covenant House 272-1255
609 F Street
Provides shelter for teens, as well as transitional living programs and job development programs.
<http://www.covenanthouseak.org/>

Crisis Pregnancy Center
2902 Boniface Pkwy Ste. 200
Provides counseling and support for pregnant women, free pregnancy tests, and post abortion counseling, and abortion alternatives. Maternity clothing, baby clothing, cribs, diapers, and formula at no charge available at the Boniface location. 337-9292
<http://www.cpcanchorage.com/>

Crossroads 742-2424
3350 Commercial Dr. Ste. 101
An alternative school program for pregnant and parenting teens. It is an academic program that leads to a high school diploma, with an emphasis on maternal health and child development.

Cuddler's Group at Providence Hospital
3200 Providence Dr
New parents support group. For more information call: 261-3062
<http://www.providence.org/alaska/>

Dena A Coy - SouthCentral Foundation
Residential and outpatient treatment program for substance abusing women. Sliding fee scale, Denali KidCare, and Medicaid. Call for information. 729-5070
<http://www.southcentralfoundation.com>

Denali Family Services
Provides individual, family, or group therapy, psychiatric care, and crisis intervention. Call for more information.
<http://www.denalifs.org> 274-8281

Denali Kidcare 269-6529
Provides health insurance to children, teens, and pregnant women at no cost to those that qualify.
<http://www.hss.state.ak.us/dhcs/DenaliKidCare/>

Disability Law Center 565-1002 ph/TTY
An independent non-profit organization that provides legal advocacy services for people with disabilities anywhere in Alaska.
<http://www.dlcak.org>

Eagle River Food Pantry 694-5228
12836 Old Glenn Highway
Provides food for Eagle River and Valley residents, must have proof of residency, and income verification. Call for times and availability.

Heart to Heart Pregnancy & Family Resource Center
12801 Old Glenn Highway 694-1747
Provides counseling and support for pregnant women, free pregnancy tests, and post abortion counseling, and abortion alternatives. Maternity clothing, baby clothing, cribs, diapers, and formula at no charge.
<http://www.h2hpfrc.org>

Educational Opportunity Center
500 L Street Ste. 501 274-5522
Provides career information, counseling, and financial aid information for schooling purposes. Student loan default rehabilitation. Call for information.
<http://www.uaa.alaska.edu/askeoc>

<p><u>Booth Memorial Home</u> 279-0522 3600 E. 20th Avenue Residential treatment program for teens in state custody. Childbirth and parenting classes open to anyone in the community. Call for information. http://www.salvationarmy.org/alaska</p>	<p><u>Catholic Social Services, Continued</u> Refugee Assistance & Immigration Services 222-7359 Special Needs Services 276-5590 Pregnancy Support Services 276-5590 Adoption 276-5590</p>
<p><u>Boys and Girls Clubs of Alaska</u> A youth guidance program providing children with recreational activities, sports and daycare. 248-5437 http://www.bgcalaska.org</p>	<p><u>Center for Loss of Multiple Births (CLIMB)</u> Support group for parents and families for loss of multiples. 222-5321 http://www.climb-support.org</p>
<p><u>Boy Scouts of America</u> 337-9547 Education program focusing on character development, citizenship and personal fitness. http://www.bsawac.org</p>	<p><u>Challenge Alaska</u> 344-7399 Sports, recreation, and education for Alaskans who experience disabilities. http://www.challengealaska.org</p>
<p><u>Brother Francis Shelter</u> 1021 E. 3rd Avenue 277-1731 Provides shelter for homeless men and women. Also provides referrals for employment, housing, and mental health issues. Food and laundry facilities available. http://www.cssalaska.org/programs.php</p>	<p><u>Child Care Assistance</u> 825 L Street, Ste 215 343-6700 Subsidized childcare costs for qualifying families working or attending school. Sliding scale financial assistance for childcare to eligible parents/guardians in Anchorage. By appointment only.</p>
<p><u>Camp Fire USA Alaska Council</u> Before and after school child care, community drop-in center program, rural program, and summer camps for youth grades K-12. 279-3551 http://www.campfireak.org</p>	<p><u>Child Care Connection</u> 563-1966 3350 Commercial Drive #203 Provides assistance in locating child care homes or centers. Also provides training for childcare providers. Call for more information. http://www.childcareconnection.org</p>
<p><u>Cares for Kids (Children's Crisis Services)</u> 3600 E. 20th 276-8511 Child care up to 24–72 hours for families in crisis. Call for information. http://www.salvationarmy.org/alaska</p>	<p><u>Early Intervention Services</u> 742-2655 Mt. Iliamna Early Childhood Center Developmental screening to determine any need for special education for preschool children at least 3-5 years of age.</p>
<p><u>Catholic Social Services</u> 225 Cordova Street 277-2554 Provides 11 different programs to the community ranging from adoption services to immigration and refugee help. Brother Francis Shelter 277-1731 Brother Francis (Kodiak) 486-5610 Clare House 563-4545 McAuley Manor 279-5772 Charlie Elder House 277-8622 St. Francis House 276-5590 Beyond Shelter 277-2554</p>	<p><u>Cradle Club</u> 264-1773 At Alaska Regional Hospital Lactation consultant Martha Olson provides breastfeeding help and support, as well as prenatal classes. http://www.akreg.com</p>
	<p><u>Chugiak Children's Services</u> 18530 Old Glenn Highway 688-2660 Same services as Anchorage Head Start. Provides low income families with subsidized preschool classes. Call for more information.</p>

Elmendorf Youth Activities 552-2266
Year-round sports, social and educational programs for military dependent and Department of Defense civilian youth.
<http://www.elmendorfservices.com>

Energy Assistance - Division of Public Assistance
400 Gambell Street - Recorder only.
Assistance to income eligible families to pay gas/electric bills. 269-6522
Juneau Office: 907-465-3058

EFNEP 786-6308
2221 East Northern Lights Blvd. Ste. 118
Provides nutrition education and budget Counseling. Call for information.

FISH (Friends in Service to Humanity)
Emergency food delivered to your home.
Call for information, and call early.
277-0818

FOCUS 688-0282
18606 Old Glenn Highway
Provides intervention for children with special needs (birth—3 yrs). Call for more information.
<http://www.focusoutreach.org>

Food Bank of Alaska
2121 Spar Avenue 272-3663
Provides referral services to food pantries in the municipality. Call for information.
<http://www.foodbankofalaska.org>

Food Stamps
400 Gambell 269-6599
Apply at the public assistance office.

Four A's 263-2050
1057 W. Fireweed Ste. 102
Provides supportive services to persons living with HIV/AIDS and their families. Call for information. <http://www.alaskan aids.org/>

Fort Richardson Youth Services
Personal growth and skill development through recreation and education.
384-1508

Foster Grandparents/Senior Companions
Stipend opportunities for seniors to serve adults and children with special needs.
Program of the National Senior Service Corps. 276-6472
<http://www.akcommunityservices.org>

Girl Scouts of America 248-2250
Informational, educational, and recreational programs for girls ages 5-17.
<http://www.girlscouts.ak.org>

Habitat for Humanity 272-0800
Works to provide decent, affordable homes for low income families.
<http://www.hfchanorage.org>

Head Start/Kids Corps 272-0133
Children 3–5 learn, discover and gain new skills. Provides a childcare center, and transportation in some areas.
Available to anyone within the income guidelines.

Hospice of Anchorage 561-5322
Services for terminally ill people and their families.
<http://www.hospiceofanchorage.org>

Human Services Safety Links
825 L Street 343-6589
Provides intervention, prevention and education in the areas of sexual assault, domestic violence, child abuse and neglect. Also address Alaska Native urban issues.
Provides financial assistance in the areas of housing, transportation and utilities.

Identity, Inc. 929-4528
Develops programs, and activities to support lesbians, gay men, bisexual and trans-gendered individuals and other members of sexual minorities by encouraging positive social change and fostering acceptance.
<http://www.identityinc.org>

Refugee Assistance & Immigration Services

Provides legal advice to refugees and individuals with immigration problems. Call for an appointment. 222-7359
http://www.cssalaska.org/international_services.php

Immunizations

825 L Street 343-4799
Provides immunizations to children and adults. Call for information.

Impact Family Literacy Program

1345 Rudakof Circle #104 332-0681
Family literacy: English as second language. For parents with children under 7 years of age, income and area guidelines apply. Call for information.
<http://www.anchorageliteracyproject.org>

Infant Learning Program

1-800-799-7570
Program for infants and toddlers up to 36 months with special developmental needs.
<http://health.hss.state.ak.us/ocs/InfantLearning/default.htm>

Intervention Help Line 272-1174
<http://www.ncadd.org>

Interpersonal Violence Prevention

825 L Street 343-6302
Focuses on preventing interpersonal violence. Call for more information.

Job Corps

4300 B Street Ste. 100 562-6200
Provides vocational training for 16–24 year olds, and single parents. Provides training in 11 trades. <http://alaskajobcorps.com>

Kid's Kitchen 274-8522 or 529-7903
1121 E 10th Ave
Serves hot & nutritious meals to children ages 3-18, M-F. Call for information.

La Leche League International

A nursing mom's friend since 1954. Provides support, education, and information.
<http://lalecheleague.org> 644-0555

Lake Otis Pharmacy 563-7878
4201 Lake Otis Pkwy.
Breast pumps and supplies for sale.

Lutheran Social Services of Alaska
2606 C Street Ste. 2B 272-0643
Emergency food assistance, transportation to medical appointments (call 24 hours in advance), and ASRAA (Assistance to Stranded Rural Alaskans in Anchorage) Call for information.
<http://www.lssalaska.org>

Lupus Foundation of America
A patient-oriented organization helping people with lupus and their families by providing information, referral, education, crisis intervention and support.
<http://www.lupus.org> 338-6332

Mabel T. Caverly Senior Center
Recreation, socialization, transportation, senior companions, dental, glasses, hearing aid and prescription grant program. 276-1496
<http://www.mabeltcaverly.org>

Make-A-Wish Foundation 258-9474
Fulfills the wishes of children with life-threatening illnesses.
<http://www.northwestwishesorg>

March of Dimes Birth Defects Foundation
Works to prevent birth defects and infant mortality. Call for more information. 276-4111
<http://www.marchofdimes.com>

Muldoon Job Center 269-0000
1251 Muldoon Rd. Ste. 11B
Help with job placement for those with temporary assistance. Call for more info.

Muscular Dystrophy Association
Conducts research on neuromuscular diseases, and offers comprehensive medical services through a network of clinics, and provides professional and public health education. 276-2131
<http://www.mdausa.org>

National Multiple Sclerosis Society
Provides statewide client programs, self help groups, public/professional education, advocacy, medical equipment loans, information and referrals, lending library, newly diagnosed programs and national research. 563-1115
<http://www.nmss.org>

Grandfamilies Network Project
A support group for grandparents raising their grandchildren. Call for more Information. 522-9866

Northstar Lactation Services
Lactation consultant available as well as breast pumps for rent. 337-5245

Office of Children's Services (OCS)
550 W 8th Ave. Ste 304 269-4000
Helps families diagnose and solve problems, investigates reports of harm, makes referrals to other agencies and resources, initiates legal interventions and provides out-of-home placement when necessary. <http://www.hss.state.ak.us/ocs>

Older Person's Action Group 276-1059
Dedicated to improving services, developing programs and implementing changes to foster self-determination of older Alaskan citizens.
<http://www.opagak.org>

Once Upon a Child 562-8777
1016 West Northern Lights Blvd.
Used baby and small children's clothing, toys, and equipment for sale.

Out North Contemporary Art House
A youth-at-risk literacy and arts project and inspiring performances and exhibitions have earned Out North a national reputation for excellence in culturally diverse community programming.
<http://www.outnorth.org> 279-8099

Parents Reaching Out 273-5409
Support group for parents and families of prenatal and infant loss.
<http://www.parentsreachingout.net>

Passage House 333-2023
Residential program for pregnant women and new mothers ages 16-20. Call for information.
<http://www.covenanthouseak.org>

Planned Parenthood of Alaska
Reproductive health care, community health education, and advocacy services. 563-2229
<http://www.plannedparenthoodalaska.org>

Providence Family Practice
1201 E. 36th Ave. 562-9229
Health care for families and individuals. Call for information.

Providence Alaska Medical Center
3200 Providence Dr. 261-3664
Offers quit smoking classes. Call for times and prices.

Programs for Infants and Children, Inc.
3330 Arctic Blvd. Ste 101 561-8060
Early intervention services for infants and toddlers who experience developmental disabilities and delays and their families.
<http://www.picak.org>

Public Assistance 269-6599
400 Gambell Street
Apply here for Medicaid, Denali Kidcare, Food Stamps, and ATAP.

Ready Care 258-3498
600 Barrow Ste. 404
Provides in home respite services for shut-ins, elderly, and handicapped individuals.

Reproductive Health Clinic
825 L Street Ste. 102 343-4623
Provides information on birth control for men and women, pap tests, annual exams, pregnancy tests, and screening and counseling for STIs. Confidential service and a sliding fee scale. Call for information.

RITE Inc., Anchorage
307 E Fireweed Ln #201 562-7483
Drug and alcohol treatment and
rehabilitation center.

Rural Alaska Community Action Program
RurAL CAP promotes statewide participation
by rural people in the elimination of the
causes and conditions of poverty. Programs
include community development,
subsistence rights, Head Start, natural
resource protection and weatherization.
<http://www.ruralcap.com> 279-2511

Salvation Army 277-2593
4611 Gambell <http://www.sarmy.ak.org>
Provides emergency food services, and
emergency vouchers for prescriptions. Call
for information.
<http://www1.salvationarmy.org/alaska>

McKinnell House 276-1609
546 East 15th Avenue
Thirty day housing for intact families and
single fathers with children.

Reflections / Clitheroe 276-2898
At Point Woronzof
Provides chemically dependent inpatient
treatment services for women only. Call for
information.

Anchorage Community Mental Health Services
4020 Folker Street 563-1000
Crisis intervention and treatment, single
parent support groups and women's
support groups, and parenting classes.

Southcentral Foundation 729-2500
A Non-profit tribal health corporation
providing many services to Alaska Natives
and American Indians. <http://www.scf.cc>
Behavioral Health Services 729-2500
Dena A Coy 729-5070
Dental Clinic 729-2000
Car Seat Program 729-2689
Prenatal Support 729-3143
Head Start 729-6100

Standing Together Against Rape (STAR)
The mission of Standing Together Against
Rape, Inc., (STAR) is to provide the best
quality of crisis intervention, education and
advocacy services to victims of sexual
assault and sexual abuse, and their families
and our community. 276-7273
<http://www.staralaska.com>

Tuberculosis Clinic 343-4799
825 L Street 1st Floor
Tuberculosis screening for children and
adults.

UAA Dental Hygiene Program
3211 Providence Drive 786-6960
Provides low cost dental exams, cleanings,
x-rays, sealants, and educational referrals.
Call for an appointment.

United Way of Anchorage 263-3820
Creating positive change through
collaborative efforts. Provides
opportunities for community involvement,
and builds a better community through local
contributions.
<http://www.uway.ak.org>

Value Village
5437 East Northern Lights 337-2184
501 East Dimond Blvd. 522-9090
A thrift department store.
<http://www.valuevillage.com>

Victims for Justice 278-0977
Crisis intervention, grief counseling,
education, advocacy and support for
survivors of violent crimes and survivors of
homicide victims.
<http://www.victimsforjustice.org>

Volunteers of America of Alaska
Adolescent alcohol and drug abuse
counseling and treatment, intervention and
prevention, volunteer opportunities for
senior and community justice services.
<http://www.voak.org> 279-9634

Weatherization Program 343-4881

632 W 6th Ave. Ste 630

Provides weatherization of homes to families, emergency repairs, and disabled access grants for home owners.

Income-based. Call for information.

WIC

Provides vouchers for nutritious foods to pregnant or breastfeeding women, infants, and children up to 5 years of age who meet income guidelines and are found to be at nutritional risk. Also provides breastfeeding education and support.

825 L Street 343-4668

Alaska Regional Medical Plaza
1200 Airport Heights Rd, Room 275
343-4500

11901 Business Blvd Ste. 210
(Eagle River) 694-2131

Anchorage Neighborhood Health Center
1217 E. 17th Ave. 257-4633

EAFB 580-2150

Fort Richardson 384-2033

Providence Alaska Medical Center
3200 Providence Dr. Bldg. B Ste. 104
261-4932

Providence Family Practice
1201 E. 36th Ave. 273-9348

YMCA

5353 Lake Otis Parkway 563-3211
Baby and me water classes. Call for times and prices.
<http://www.sinbad.net/ymca>

YWCA

324 E. 5th Ave. 644-9600
Works to eliminate racism and empower women with health, youth development, social and leadership programs.
<http://www.ywcaak.org>